

# BREAK FREE



Location

**South West, Gloucestershire**

<https://www.freeadsz.co.uk/x-289006-z>

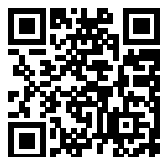


**BREAK FREE** We are opening our doors on the 09th April and 10th April for the people of Cheltenham to come and try British Military Fitness... Completely free! Don't think you are up to the challenge? Well don't worry, as you don't need to be super-fit to join our ranks. We cater for all levels of fitness by dividing the class into ability groups. We'll provide the expertise and the motivation – you just have to turn up. There really is no better way to burn 700 calories! A lot of people give up on fitness programmes because they become bored. That doesn't happen at BMF. Variety and making every session different is the key to our success. Serious fun is guaranteed! **WHEN** Saturday, April 9, 2016 at 9:30 AM - Sunday, April 10, 2016 at 10:30 AM **WHERE** Pittville Park - Cheltenham GL52 2DX, United Kingdom  
<https://www.eventbrite.com/e/british-military-fitness-break-free-tickets>



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