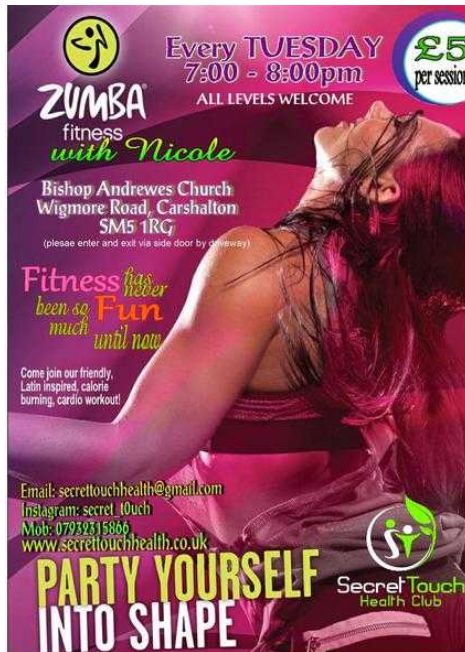


Zumba Fitness class (5 GBP)



Location **London, London**
<https://www.freeadsz.co.uk/x-289601-z>



A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave the class. We mix low intensity and high intensity moves for an interval style, calorie burning dance fitness party. What's so great is that you don't feel like you're "working out". So come along and give it a.



Zumba Fitness class

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