

Zanshin Wado Karate Club



Location

South East, East Sussex

<https://www.freeadsz.co.uk/x-290291-z>



A traditional Wado Ryu karate club based in Sussex with classes in Haywards Heath and Burgess Hill. Learn karate as it was brought over from Japan in the 60's, including kata, kumite and partnerwork. Families and friends welcome to train together. We are a not-for-profit club. Classes as of April 2016: Tuesday evenings at Age UK, Haywards Heath (next door to Clair Hall) Friday evenings at Oakmeeds Community College, Burgess Hill Read more: www.zanshinwado.co.uk or contact us on or 07968-973



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