

Kickboxing amp Martial Arts in Northampton (Classes amp One to One Tuition Available)



Location

East Midlands, Northamptonshire

<https://www.freeadsz.co.uk/x-291969-z>

We teach modern martial arts classes where training is about learning to push yourself, not just learning to fight. You will learn martial arts skills that work, delivered from an athletic base to help you get in shape too. So, you'll be safer, healthier and will be learning how to handle pressure in any situation, not just while training. Classes & One to One Tuition Available. <http://northamptonkickboxing.co.uk> www.facebook.com/northamptonkickboxing ;

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