

Powertec Workbench Olympic Bench With Squat Rack And Leg Attachment 7039 Bar



Location **London, London**
<https://www.freeadsz.co.uk/x-295342-z>

Excellent quality powertec Olympic bench complete with squat rack facility plus extra leg extension(bought separately)

Also 7ft Olympic 20kg bar included with spring collars

Purchased from fitness superstore last year for over £500 and I've hardly used it so it's still in excellent Condition

The bench is fully adjustable and has many settings from incline/ decline/ and upright which allows you to work every part of your chest and shoulders

Features 2 adjustable bar supports so you can do squats and other exercises

This workbench is absolutely brilliant it's a great bit of kit The Workbench Olympic Bench features a dual bar catch access for advanced exercises, an accessory support plate for enhanced safety and a linkage system to enable easy bench pivoting and stability for additional accessories

This bench comes with an additional accessory (leg lift)

So you can also train your Legs

Power Workbench Leg Lift Accessory

The Workbench Leg Lift Accessory is one of the most popular Leg Lift and Leg Curl Accessories available. Redesigned to provide precise range of motion. Features a bumper and a permanent safety rod



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