

# CAPABLE and RELIABLE MAN with VAN 18hr



Location **South East, West Sussex**  
<https://www.freeadsz.co.uk/x-295946-z>

Capable and Reliable Man With Van available 7days a week for Home Removals, Office Removals, In and Out of Storage, Collections, Deliveries, House Clearance, Waste Clearance, Small Demolition, Refurbishment and Decorating (inside and out) and pretty much whatever else needs doing! All work will be considered. We are the most efficient, cheapest and best way to move locally in the Sussex area or one large van load beyond! £18 per hour plus mileage charge, available throughout West and East Sussex and Surrey, longer distances also undertaken. 2 or more men available too. Fully Insured and CRB checked and many satisfied references available upon request. Please call 07726 620600 for a free quote or.

