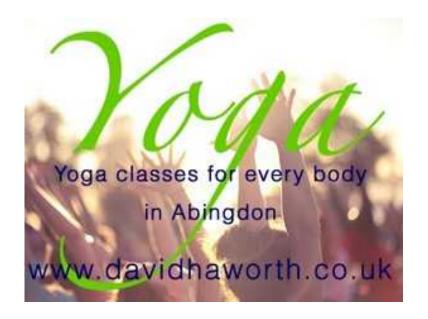


yoga classes in swansea areas



Location Wales, West Glamorgan https://www.freeadsz.co.uk/x-296351-z



Yoga classes held on Mondays at bungies gym ravenhill swansea and Wednesday evenings and Friday mornings at birchgrove community centre swansea classes cover breathwork, stretches relaxation and meditation ...classes suitable for mixed ability. Please bring a mat and blanket for relaxation. Men warmly welcomed. Please contact me for more information;

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