











Support workers available

Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-298473-z>



Support workers available to provide a reliable and friendly service to those who are living at home and are in need of extra support. Housework, laundry, cooking, shopping, going out for appointments or befriending and general support services available. Established over 4 years. Lots of experience and compassion. Very small team available to help you or a loved one stay at home in a safe secure environment. Please call Sussex Downs Help At Home on 07568336327 for a friendly.

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