

# Children and adult counselling



Location **East Midlands, Derbyshire**  
<https://www.freeadsz.co.uk/x-315978-z>



I am a fully qualified counsellor, member of the British Association of Counselling and Psychotherapy (BACP). I offer caring Person-Centred counselling in a safe and confidential environment, where you can explore and discuss your concerns at your pace, without fear of judgment. Some of the areas I explore with clients are depression, anxiety, childhood sexual abuse, low self-esteem, cultural issues, stress, bereavement and.



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