



Join Chris Stormer-Fryer as she presents her highly popular Universal Technique for the last time in the UK. This two day course will take place at the beautiful Subud Centre in Perth. This is open to Reflexologists and anyone wanting to learn more about Reflexology. Soul investment £150. This is a unique opportunity to hear from the Founder and Author of the Light Touch Reflexology Technique. When? - 10th to 11th June 2016 0930 to 1630

Book? - Contact Di via link 2 Day Course Description THE UNIVERSAL APPROACH TO FEET
presented by

CHRIS STORMER-FRYER SRN. SCM. HV. Dip R When the Universal Approach to Feet was channeled through in the early 1990's, it was almost before it's time. The world was still very focused on the physical aspects of being human and was continuing to blame aspects outside the body for illness and disease. Ironically, many were alarmed at how effective this technique is, with very positive improvements generally felt immediately. Clients feel so much better about being themselves and their life in general after just one session. With the Universal Technique embracing the emotional and spiritual aspects of uneasiness, revealed through unpleasant symptoms in the physical body, complementary health practitioners are able to offer their clients so much more, not only during the treatment, but also by sharing worthwhile and manageable steps for them to help themselves to ongoing healing and health. The enormous energetic shift since the beginning of this century that is causing such chaos and confusion, makes this an ideal time to re-introduce the truly amazing Universal Technique, so that individuals can comfortably evolve into becoming their authentic self. The workshop is not just for

Reflexology and Natural Health Practitioners, but anybody and everybody who wish to enhance their health... why the body reacts so much to stress is especially when it turns become congested in a state of physical conflict during the day, stress as it does now, tries to get the Soul and Spirit back on track each morning. Wonderful information shared to you today, what is more, at a much deeper level. The evening and noon methods are done step by step, of the Universal Technique, incorporating the use of the various elemental energies, as well as a colour visualization, whilst intuitively integrating the Language of the Feet. DAY 1
Introduction to the Universal Technique and reassurance about its incredible effectiveness.
Explanation of the Elemental energies and how these can be best utilized for the benefit of the client.
The importance of incorporating colour visualization to enhance the healing process.
An understanding of the unique and valuable contribution of each thumb and finger throughout the session.



An Introduction to the Universal Approach to Feeling with Chris Stormer-Fryer

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- The detrimental impact of distressing memories and inappropriate belief systems on the brain, that eventually get on the nerves.
 - The hands-on techniques to calm mind, body and soul.
 - What really causes disharmony and upsets the hormones, along with the consequences imposed on related areas.
 - The non-sense that perturbs the senses and often creates havoc.
 - That which is being kept so close to the chest that it keeps interfering with the breath and blood circulation.
 - The hands-on techniques that re-establish harmony, re-assure the senses and re-instate the breath, as well as the efficient circulation of blood and other fluids around the body.

DAY 2

- Circumstances and situations that are hard to swallow and digest, often because of being labelled 'good' or 'bad', changing their energy and making food either unpalatable or too palatable.
- The need to let go of all detrimental thoughts and harmful emotions to make space to bring through new concepts and manifest them in their daily life.
- The perceived foundation and support that penetrates to the core of the bones, affecting the elasticity and efficiency of muscles.
- The hands-on techniques to soothe the digestive tract and its related parts, so that everything can be processed with ease, making it so much easier to release what is no longer required, and to provide space to reproduce innovative concepts that provide a solid, yet flexible, base from which to function.
- Bringing clarity to any areas of uncertainty.
- The whole Universal Technique, from start to finish, to ensure that the overall concept is completely understood. You are welcome to record the information shared since there will be a lot to absorb in these 2!