## FFOOAdSZauk

## **Experienced P.AGardener available in the Eastbourne area**



Location South East, East Sussex https://www.freeadsz.co.uk/x-317051-z



Hello, I'm advertising my availability as a P.A./gardener in the Eastbourne area. I have almost 10 years of experience in helping people to live full and independent lives in their own homes. I have worked with children, older people and those with physical disabilities in residential settings and on a horticultural project. I have experience of supporting people with household tasks such as cooking, cleaning and shopping, personal care, pet care, gardening and admin duties. I am friendly, reliable and trustworthy with a good record of attendance and timekeeping. I have a full driving licence, my own transport and a current enhanced DBS check. If you have any questions or would like a copy of my CV please contact 07866057387 [email protected] Many thanks,.

