

# Psychoanalysis psychotherapy













Location **Wales, West Glamorgan**  
<https://www.freeadsz.co.uk/x-318312-z>

At times life can be difficult to bear. Anxiety, panic attacks, grief, depression, eating disorders, haunting thoughts and sensations are just some of the signs that something has been misplaced in our life. It is at this point —when the tiny details that compose our daily routine seem to have taken a life of their own — where psychoanalysis opens up a space of listening. A Psychoanalyst is someone who takes a particular position: the position of a careful listener who in a confidential and non-judgemental space aims to help you to develop your own personal solutions.

Tamara Dellutri is a Psychoanalyst from Buenos Aires, Argentina.  
 Tamara practices in Swansea, Wales

Contact at +44 (0)7904469186.  
 English / Spanish  
 Consultations are by appointment only.

While you might have not heard much about psychoanalysis in the UK, psychoanalysis is the main form of the 'talking cures' practiced in the culture where I come from. Today, Lacanian psychoanalysis is practiced world-wide and it is particularly well known in Latin America and Continental Europe. You might find psychoanalysis useful if you are looking for counselling - CBT -hypnotherapy - stress management - panic attacks relief - or if you are experiencing problems such as addiction, eating disorders, depression, relationship difficulties, difficulties with your identity, OCD, debt, domestic violence, sexual abuse, self-harm and other forms of.

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