

Bellydance classes in Wokig (7 GBP)



Location **London, London**
<https://www.freeadsz.co.uk/x-318812-z>

Belly Dance classes with Maia in Woking Maia is professional belly dance artist and bellydancing teacher with 6 years experience. Join Maia's classes: 5 weeks course starts 2nd of April 2016 Time: 11.00 - 12.00 Saturdays Where: Peak Fitness studio, 51A-57A Chertsey Road, Woking, GU21 5AJ Price: £35 for 5 classes (not refundable) Learn the basics of one of the oldest form of dance. Our classes are very friendly and social. You will learn and improve: * basic and fundamental techniques, moves and combinations * posture, core muscle and abdominal strength * flexibility * confidence and sensuality * short choreography to an oriental song Do you have to get your belly out? No, absolutely not (unless you want to!) Suitable for women of all ages, shapes and sizes. No previous dance experience needed, course suitable also for those with little experience. All welcome :) Come along and enjoy the magical dance x Classes must be pre-booked contact Maia via email tel: 07726625127 facebook: Maia Bellydance Artist <https://www.facebook.com/Maia-Bellydance-Artist-221808721320999/?ref=ts&fref=ts> ;



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