

Wishaw Free Fitcamp



Location **Scotland, Lanarkshire**
<https://www.freeadsz.co.uk/x-320080-z>

NEW PHASE STARTS @ Wishaw Free Fitcamp
 Free Workouts,
 Free Nutrition Advice
 Starting on 19th April(info night), 22nd April(Fitness test)
 Then 4 weeks workouts TUE/FRI
 Overtown Community Centre ML20QF at 7pm

Register Here invited by me "Alan Weir"
<http://www.24fitcamp.co.uk/aweir>

For those looking to focus for 4 weeks. Get involved with our FREE Fitcamp.
 Initial weigh in & fitness test at start
 FREE Nutritional advice
 Final weigh in & fitness test at end
 Amazing results were achieved on last Phase. Fitness Levels Improved Massively.
 Intro & Weigh in 19th April, Fitness test 22nd April, then 4 weeks free workouts.
 PM me for more details OR EMAIL click to



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