

# Wishaw Free Fitcamp



Location

**Scotland, Lanarkshire**<https://www.freeadsz.co.uk/x-320080-z>

NEW PHASE STARTS @ Wishaw Free Fitcamp

Free Workouts,

Free Nutrition Advice

Starting on 19th April(info night), 22nd April(Fitness test)

Then 4 weeks workouts TUE/FRI

Overtown Community Centre ML20QF at 7pm

Register Here invited by me "Alan Weir"

<http://www.24fitcamp.co.uk/aweir>

For those looking to focus for 4 weeks. Get involved with our FREE Fitcamp.

Initial weigh in &amp; fitness test at start

FREE Nutritional advice

Final weigh in &amp; fitness test at end

Amazing results were achieved on last Phase. Fitness Levels Improved Massively.

Intro &amp; Weigh in 19th April, Fitness test 22nd April, then 4 weeks free workouts.

PM me for more details OR EMAIL [click to](#)

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