

# Wishaw Free Fitcamp



Location **Scotland, Lanarkshire**  
<https://www.freeadsz.co.uk/x-320080-z>

NEW PHASE STARTS @ Wishaw Free Fitcamp  
 Free Workouts,  
 Free Nutrition Advice  
 Starting on 19th April(info night), 22nd April(Fitness test)  
 Then 4 weeks workouts TUE/FRI  
 Overtown Community Centre ML20QF at 7pm

Register Here invited by me "Alan Weir"  
<http://www.24fitcamp.co.uk/aweir>

For those looking to focus for 4 weeks. Get involved with our FREE Fitcamp.  
 Initial weigh in & fitness test at start  
 FREE Nutritional advice  
 Final weigh in & fitness test at end  
 Amazing results were achieved on last Phase. Fitness Levels Improved Massively.  
 Intro & Weigh in 19th April, Fitness test 22nd April, then 4 weeks free workouts.  
 PM me for more details OR EMAIL click to



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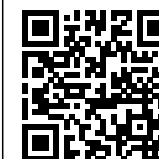
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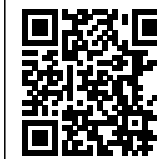
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