Taekwondo Free Unlimited for two weeks



Location **South West, Hampshire** https://www.freeadsz.co.uk/x-321254-z



We aim to help children channel their energy into something positive. We also aim to help all students develop confidence and to be able to defend themselves. Our training program is a great way for children to burn energy and for adults to learn self defense and stay fit. We can help you develop self-confidence, fitness &.

