

How to Overcome Depression



Location **Scotland, Midlothian**
<https://www.freeadsz.co.uk/x-323401-z>



We all feel sad from time to time, some people experience these feelings intensely, for long periods of time and often without reason. This can be called many different things. You DO NOT have to live with depression or the numerous other "labels". There is a way to remove the source of these debilitating problems "so you can live a happy, fuller life without the ups and downs. With Dianetics and the help of an Auditor (a trained Dianetics counsellor) you can discharge the negative feelings coming from periods of past pain and regain your ability to be calm and rational. And you can regain your self confidence, self-esteem and happiness. It is true that the causes of depression are found in the mind; it is also true that the real solution does not involve drugs. The handling is as simple as finding the cause of your depression and then taking away the power of this cause to make you feel depressed. The answer is Dianetics "the simple, safe and drug-free way to achieve being in charge of your feeling and your reactions. 1. The worlds best selling self help book: Dianetics (£15) 2. The full length DVD - 4.5 hours (£19) 3. Audiobook (£20) 4. Complete How-To Kit ()



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