

# Aikido (Lewes, Brighton, Shoreham amp Worthing



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-328453-z>

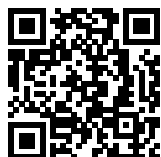


Everyone's Welcome! Thursdays: 7:30 to 9:30 PM The Sport Centre, University of Sussex Building 57, University of Sussex, Falmer, Brighton, East Sussex, BN1 9RB. The best way to find out what Aikido is all about is to try a class, or at the very least watch one. Come along, to start just come to one of our venues wearing tracksuit bottoms and t-shirt. Interested in finding out more? Browse through our website, there's loads more information, <http://sussexsportaikido/>



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