

# Pilates Classes daytimes in Uckfield and Punnetts Town



Location

South East, East Sussex

<https://www.freeadsz.co.uk/x-328457-z>



Pilates is suitable for all ages and abilities. Pilates creates great core strength and improves posture flexibility and.



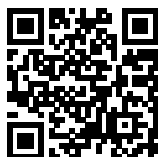
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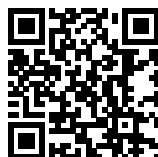
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