

## Cardio CareHerbal Treatment of High Blood Pressure.



Location **East Midlands, Lincolnshire** https://www.freeadsz.co.uk/x-328593-z



Cardio Care + Herbal Treatment of High Blood Pressure It is very important to pay particular attention to this issue at hand. The highest pressure which the heart produces as it pumps blood into the arteries is referred to as the systolic pressure while the measure of the pressure that remains in the arteries just before the next pump is called the diastolic pressure. These two pressures make up the readings of a persons Blood Pressure BP.Blood Pressure is usually expressed as systolic/diastolic. The normal range for the blood pressure in a normal, healthy young adult is 90 to 140 for the systolic and 60 to 90 for the diastolic. Persistent readings above 140/90 represent a degree of High Blood.

