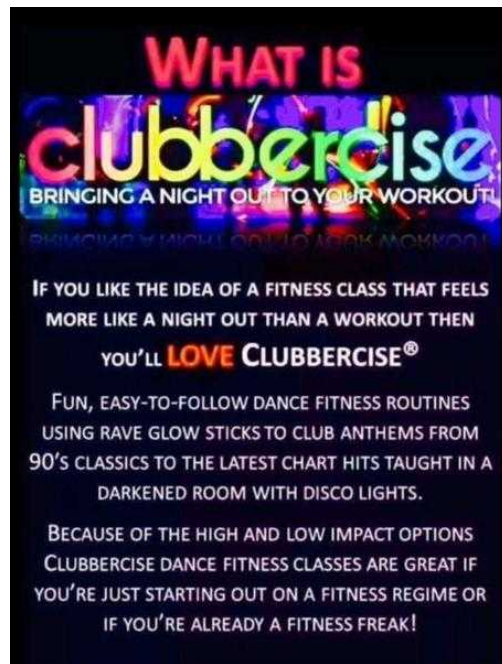


Clubbercise with Aimee (6 GBP)



Location

South East, Berkshire

<https://www.freeadsz.co.uk/x-330420-z>

If you like the idea of a fitness class that feels more like a night out than a workout you'll LOVE Clubbercise® Fun, easy-to-follow dance fitness routines using rave glow sticks to club anthems from 90's classics to the latest chart hits taught in a darkened room with disco lights. Because of the high and low impact options Clubbercise dance fitness classes are great if you're just starting out on a fitness regime or if you're already a fitness freak! Classes are 8.00-8.45 Your first class will be £10 to include purchase of your official reusable clubbercise glow sticks and then £6 there after. Classes MUST be prebooked to avoid disappointment with the limited spaces: <https://bookwhen.com/clubbercisewithaimee> <https://www.facebook.com/>



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