

# Psychology



Location

**South East, Berkshire**<https://www.freeadsz.co.uk/x-331401-z>

At Elite Psychology, we pride ourselves on being the leader in delivering evidence-based psychological interventions. Our associates have achieved the highest standards of accreditation in their field of expertise and have years of experience in delivering successful efficacious therapy in senior NHS positions. Our service is unique and unrivalled, for it comprises a wide range of psychological specialists, who have reached the pinnacle of their expert field. This means that we are able to offer a bespoke service, which delivers the whole range of evidence-based therapies, recommended by the National Institute for Health and Care Excellence, making us the leader of psychological therapy services. You would be able to access expert advice from any one of the following disciplines: Chartered Clinical Psychologists, Chartered Neuropsychologists, Consultant Psychiatrists, Cognitive Behavioural Therapists, Interpersonal Psychotherapists, Occupational Specialists, Lecturers, and Training Specialists. Our extensive list of evidence-based therapies includes Cognitive Behavioural Therapy (CBT), Interpersonal Psychotherapy (IPT), Behavioural Couples Therapy (BCT), Eye Movement Desensitisation and Reprocessing (EMDR), Mindfulness-Based Cognitive Therapy (MBCT), Acceptance and Commitment Therapy (ACT), Compassion Focused Therapy (CFT) and Pharmacological based treatment. At Elite Psychology, achieving our client's goals for psychological intervention is our number one priority. Our associates work collaboratively with clients to better understand their difficulties and work with them using evidence-based psychological interventions recommended by NICE to provide an optimum solution. We provide a seamless, confidential and discrete service from consultancy to private therapy for individuals, couples and.



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