New book on martial arts - Want to know the real martial arts (10.99 GBP)



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This book covers the vast majority of martial arts still practiced today, lovely pictures and a history and breakdown of each style, from aikido, through tae kwon do to kung fu. Get it here in paperback or for Kindle http://www.amazon.co.uk/Encyclopededia-Martial-Arts-21st-Century/dp/1502494817/ref=sr_1_4?s =books&ie=UTF8&qid=1417173549&sr=1-4&keywords=karl+lancaster http://www.amazon.co.uk/Encyclo pedia-Martial-Arts-21st-Century-

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