FFOOAdSZauk

Sheffield T039ai Chi (6 GBP)



Location Yorkshire and the Humber, South Yorkshire https://www.freeadsz.co.uk/x-334603-z



Lee Style T'ai Chi evening class with Avril Grant, who has taught t'ai chi for over ten years. The class is friendly and beginners are welcome. Come along to improve health, flexibility, balance, confidence and.

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