

## Are you having trouble controlling the way you eat



Location **South East, West Sussex** https://www.freeadsz.co.uk/x-347753-z



Are you having a hard time controlling the way you eat? Are you severely overweight? Underweight? Bulimic or obsessed with food or weight? FA offers help and hope. Food Addicts in Recovery Anonymous, "FA", holds weekly meetings in Brighton and Hove. \* Wednesday, 7-30pm at Brighthelm Centre, Clifton Room, North Road, Brighton BN1 1YD - Call Sandra 07932618166 079326181...(click to reveal full phone number) \* Saturday 9am at The Vicarage, Wilbury Road, Hove BN3 3PB Call Liz 07932482938 079324829...(click to reveal full phone number) FA is a recovery program for people who suffer from food obsession, overeating, bulimia and under-eating. The program is based on the twelve steps of AA. Everyone is welcome to this FREE meeting, including those who think they may have a food problem or those who are concerned about someone who may. FA is FREE and open to all women, men and teens that want to stop eating addictively. For a list of all meetings please visit www.foodaddicts

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