

## Support workers available



Location **South East, East Sussex** https://www.freeadsz.co.uk/x-348433-z



Support workers available for assistance to live and remain independent in your own home. We tailor to your needs and requirements. We are a small team of ladies all DBS checked. We can provide help and support for you in your own home. Perhaps you need a little assistance to shop or help with housework or perhaps assistance to prepare dinner or to go out. If so call our friendly team who will be happy to help. 07568346327 075683463...(click to reveal full phone number) or 01323 471833 01323 4718...(click to reveal full phone)

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