

# FREE NHS Course in Redruth, Newquay and St Austell .



Location

South West, Cornwall

<https://www.freeadsz.co.uk/x-350990-z>



FREE NHS course for people with long term neurological conditions such as stroke, M.S. Parkinson's disease, brain or spinal injury, diabetic neuropathy and others. A 12 week course promoting strength, mobility, balance and stability, and improvements to quality of life. The exercises are designed to develop daily functional movements which in turn, increase individuals' confidence in their own abilities. Contact us at the Core Health Consultancy on click to contact or telephone 01872 300261 01872 3002...(click to reveal full phone number) or Pat 07887688789 078876887...(click to reveal full phone) .



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