Reiki healing, coaching courses. Harmonise you mind, body, and heart. Be happy, he



Location London, London

https://www.freeadsz.co.uk/x-367458-z



Offering in-person and distance Reiki sessions as well as coaching courses dedicated specifically to happiness or life purpose.

In person in East London, distance Reiki and consultations worldide.

Typical in-person hours: Mon-Fri: 8-10pm; Sat: 9am-4pm; Sun: 9am-6pm

£40 for 30-minute session, £60 for 60-minute session, discounts on packages.

Martin Stefanov Petkov helps people master their super power - mind, body, and heart in balance and alignment. This naturally brings more happiness, health, and harmony into their lives.

He uses the Japanese system for relaxation and subtle transformation Reiki. It facilitates growth and healing by naturally harmonising and strengthening mind and body on a deep level. Martin also offers courses dedicated to happiness or life purpose.

Martin has studied and applied mind-body integration and development principles for over ten years. His experience spans across various traditions from East and West. This allows him to meet people exactly where they are in their journey and guide them through the subsequent steps.

Martin has also been practising and teaching mindfulness and meditation formally since 2013. He acknowledged his life-long calling to make a contribution beyond himself by embracing the bodhisattva







The state of the state of the second bealing to experience the growth and gealing your deserver.







If you are ready to embrace balance and wholeness ...

If you want more happiness, health and harmony ...

This is your opportunity to ... Master your Super Power.

About Reiki:

Reiki is a Japanese system for relaxation and subtle transformation. It facilitates growth and healing by naturally harmonising and strengthening mind, body, and heart on a deep level. It is administered by placing one's hands over or slightly above specific areas of the recipient's body.

Some of the benefits reported from Reiki therapy include:

deep relaxation, support for the body's self-healing abilities, better sleep, reduced blood pressure, can help with acute or chronic pain, assists in detoxification, supports the immune system, promotes personal growth and emotional balance.

Conditions reiki can help alleviate:

migraines; asthma; skin conditions; flu/colds; ulcers; arthristic; anxiety; back and joint problems; depression; low self esteem; poor self confidence; cysts and cancers

Please note this list is not.