

# Reiki healing, coaching courses. Harmonise you mind, body, and heart. Be happy, healthy, in harmony.



Location **London, London**

<https://www.freeadsz.co.uk/x-367458-z>

Offering in-person and distance Reiki sessions as well as coaching courses dedicated specifically to happiness or life purpose.

In person in East London, distance Reiki and consultations worldwide.

Typical in-person hours: Mon-Fri: 8-10pm; Sat: 9am-4pm; Sun: 9am-6pm

£40 for 30-minute session, £60 for 60-minute session, discounts on packages.

Martin Stefanov Petkov helps people master their super power - mind, body, and heart in balance and alignment. This naturally brings more happiness, health, and harmony into their lives.

He uses the Japanese system for relaxation and subtle transformation Reiki. It facilitates growth and healing by naturally harmonising and strengthening mind and body on a deep level. Martin also offers courses dedicated to happiness or life purpose.

Martin has studied and applied mind-body integration and development principles for over ten years. His experience spans across various traditions from East and West. This allows him to meet people exactly where they are in their journey and guide them through the subsequent steps.

Martin has also been practising and teaching mindfulness and meditation formally since 2013. He acknowledged his life-long calling to make a contribution beyond himself by embracing the bodhisattva

ideal of dedicating one's life to the universal awakening of all beings. He took the vows in a monastery in the Himalayas on an arduous journey, the name of which means 'the way to enlightenment'.

His approach is rooted in ancient wisdom and grounded in science. It is supported by the latest research in the field of quantum physics, neuroscience, and the knowledge of human anatomy, physiology, and psychology. He also offers 12-session courses on happiness and life-purpose for people wanting to focus on one of these areas in particular.

His real credentials are the healing and growth he empowers people to experience. Formally, he is a certified Reiki master and teacher, personal trainer, and life coach.

If you are willing to experience the growth and healing you deserve.



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If you are ready to embrace balance and wholeness ...

If you want more happiness, health and harmony ...

This is your opportunity to ... Master your Super Power.

About Reiki:

Reiki is a Japanese system for relaxation and subtle transformation. It facilitates growth and healing by naturally harmonising and strengthening mind, body, and heart on a deep level. It is administered by placing one's hands over or slightly above specific areas of the recipient's body.

Some of the benefits reported from Reiki therapy include:

deep relaxation, support for the body's self-healing abilities, better sleep, reduced blood pressure, can help with acute or chronic pain, assists in detoxification, supports the immune system, promotes personal growth and emotional balance.

Conditions reiki can help alleviate:

migraines; asthma; skin conditions; flu/colds; ulcers; arthritic; anxiety; back and joint problems; depression; low self esteem; poor self confidence; cysts and cancers

Please note this list is not.