

# 1- kickboxing and fitness



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-368416-z>

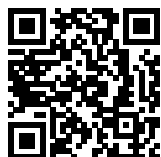


Experienced female kickboxing coach, 1st Dan black belt with full contact, light continuous and points fighting experience available for 1-1 or small group kickboxing sessions! Sessions held at a local, fully equipped gym in Bexhill or mobile if you have adequate space. Sessions are from £20 but block bookings will be discounted as will group sessions per person! For more information call 07882821064 078828210...(click to reveal full phone)



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