

Zero Balancing Sessions



Location

West Midlands, Worcestershire<https://www.freeadsz.co.uk/x-370363-z>

Zero Balancing is a gentle form of bodywork which uses pressure points and traction to bring the body's skeleton in line with the energy flowing through it in an effort to restore balance to the overall system. It is both relaxing and can have positive physical and emotional results. Clients are fully clothed and there is no harsh manipulation of the body, rather gentle work that creates a spacious feeling within the body and a restfulness within the mind. I have been practising for well over a year and am asking for reduced rate donations (15-20£ per session) to further my studies and gain experience.;



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