

# Ease and Empowerment in Everyday Life - Introductory Talks - Sunday 19 June (19 June)



Location **South West, Avon**  
<https://www.freeadsz.co.uk/x-371106-z>






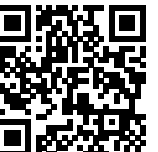






Short moments of complete relaxation = complete empowerment.  
 Balanced View offers a unique training which empowers relationships, strengths, gifts and talents, and the skillful means to naturally benefit all situations through the simple practice of complete relaxation and an empowerment network (practice, Trainer, training and community), which guarantees results: - Complete relaxation throughout everyday life - Complete mental and emotional stability - The harmonization of all relationships - Spontaneous compassion and altruism - Clear-seeing and decision-making - Flourishing strengths, gifts and talents - Skilfulness and solution focus Trainers who have successfully applied this training will lead the talk, answer questions and share their own direct experience.

If you are new to the Balanced View Training the introductory talks are perfect to drop by to.

When: 11.30am-12.30pm Where: Hamilton House 5th Floor, 80 Stokes Croft, Bristol, BS1 3QY \*The suggested contribution: £5-15  
 All are welcome regardless of ability to contribute

For further information visit...

Our website: [www.balancedview.org](http://www.balancedview.org)

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