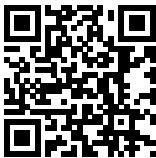








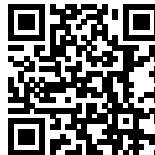
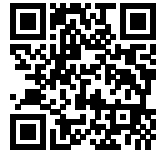


# Home Help Available



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-373251-z>

Reliable, friendly, kind and honest lady helper offering to do cleaning, shopping, ironing, light gardening/mowing, companion to the elderly, animal feeding, babysitting, basic bookeeping, typing, filing, secretarial etc., Used to working with the elderly and public. Own car driver, dbs checked . Good references, Reasonable rates. Telephone or text 07986 841450 07986 8414...(click to reveal full phone number) /evenings 01323 656516 01323 6565...(click to reveal full phone number) . Willingdon/Wannock/Polegate/Hampden Park.

 <div>Home Help Available</div> <div><a href="https://www.freeadsz.co.uk/x-373251-z">https://www.freeadsz.co.uk/x-373251-z</a></div>	 <div>Home Help Available</div> <div><a href="https://www.freeadsz.co.uk/x-373251-z">https://www.freeadsz.co.uk/x-373251-z</a></div>	 <div>Home Help Available</div> <div><a href="https://www.freeadsz.co.uk/x-373251-z">https://www.freeadsz.co.uk/x-373251-z</a></div>	 <div>Home Help Available</div> <div><a href="https://www.freeadsz.co.uk/x-373251-z">https://www.freeadsz.co.uk/x-373251-z</a></div>	 <div>Home Help Available</div> <div><a href="https://www.freeadsz.co.uk/x-373251-z">https://www.freeadsz.co.uk/x-373251-z</a></div>	 <div>Home Help Available</div> <div><a href="https://www.freeadsz.co.uk/x-373251-z">https://www.freeadsz.co.uk/x-373251-z</a></div>	 <div>Home Help Available</div> <div><a href="https://www.freeadsz.co.uk/x-373251-z">https://www.freeadsz.co.uk/x-373251-z</a></div>	 <div>Home Help Available</div> <div><a href="https://www.freeadsz.co.uk/x-373251-z">https://www.freeadsz.co.uk/x-373251-z</a></div>	 <div>Home Help Available</div> <div><a href="https://www.freeadsz.co.uk/x-373251-z">https://www.freeadsz.co.uk/x-373251-z</a></div>	 <div>Home Help Available</div> <div><a href="https://www.freeadsz.co.uk/x-373251-z">https://www.freeadsz.co.uk/x-373251-z</a></div>
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