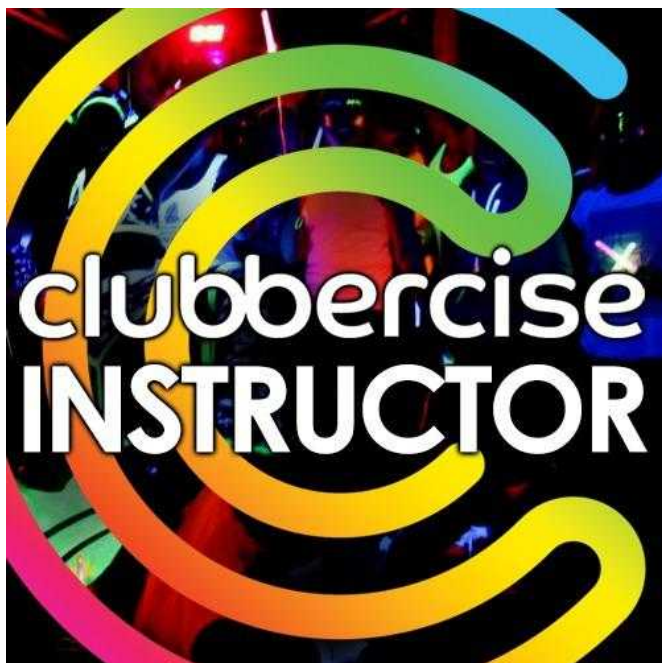


Clubbercise- dance fitness Want to get fit but bored with gym Get your glow on with



Location **South East, Oxfordshire**
<https://www.freeadsz.co.uk/x-374854-z>



A dance fitness class with easy to follow moves done in semi darkness with glow sticks and disco lights! The emphasis is on enjoying the music, which is by the original artists. The moves have a high and low impact option, so you choose how hard you work! this is a great calorie burner! Classes cost £5.00, and re-useable glow sticks cost £3.00, payable after first class! First class half price £2.50 (21.6.16), or free with flyer!! First class disposable glow sticks given! Join us at Brownes Hall, Brownes Lane, Alvescot Rd, Carterton, Ox18 3JH on Tuesdays 7.30-8.30pm Text or telephone to book Nikki on 07400228722 074002287...(click to reveal full phone number) or click to contact or at facebook click to contact or facebook message me on https://www.facebook.com/?sttype=lo&jlou=AfcX7CzMg8ZVQhdrFAiFLXg9Hq0cVofBIRtob_0-AjxxR58q9SGMGheWJ5YDNDu9jsMuTE5XlZWQRY1V3M-RYacPdfRDMDx-fqtpON0omul3g&smuh=43596&lh=Ac_uS4UEiUeYZeDd. See you!



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