FRODACSZauk

## London to Brighton Cycle 2016 In Aid of the Cystic Fibrosis Trust (11 GBP)



Location London, London https://www.freeadsz.co.uk/x-379041-z



You will start the amazing challenge in South London before traveling through Mitcham, Carshalton, Chipstead, Banstead, Haywards Heath and finally to beautiful Brighton, having completed 54 miles! No previous experience is required, however, preparation for this event is highly recommended. With a bit of training completing this event should be easily within your capabilities. The spirit of the event is 'taking part' not 'winning' so you can go as fast or as slow as you like! Here's how you can be a part of Team CF in 2016: Registration is now open! All you need to do is pledge to raise £100 for for the Cystic Fibrosis Trust; Registration Fee: £40 Sponsorship Pledge: £100 To book your place in this event please book on the do it for charity website here! We promise our runners loads of support and encouragement along the way including: Team CF running top Fundraising pack and ideas Invite to our online interactive Training Zone Team newsletters and e-newsletters Post-run

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