

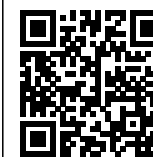
# Mobile Personal Trainer in Leamington Spa and the surrounding areas.



Location **West Midlands, Warwickshire**  
<https://www.freeadsz.co.uk/x-388000-z>



Chris Bower is a Personal Trainer in Leamington Spa and the surrounding areas. Chris has experience training individuals and groups of all ages, abilities and with differing goals. Chris can visit you at your home, place of work or local park to help you achieve YOUR goals!! With different session options and offers available, visit [www.bower-fitness.co.uk](http://www.bower-fitness.co.uk) to find out more!



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