

Fitness Classes (5 GBP)



Location

South East, East Sussex<https://www.freeadsz.co.uk/x-391657-z>

Fitness Classes With Pearl All low Impact overall Toning classes, improving Muscle tone, working on upper and lower body improving Core Stability overall fitness levels and FUN. So why not try one of the classes below, FIRST CLASS FREE Wed 9.00 to 10.00 Fitness Pilates Conditioning Wed 13.00 to 14.00 Fitness Pilates Conditioning All £5 per class Please Book spaces limited Younique Wellbeing Studios 11a Windmill Drive Bexhill 01424 217630 01424 2176...(click to reveal full phone)

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