

## 5 week baby massage course (19 GBP)



Location

**Yorkshire and the Humber, West Yorkshire**

<https://www.freeadsz.co.uk/x-393970-z>



I am a qualified nurse, health visitor and certified infant massage instructor. We are running an infant massage course at Woolley Village Hall. The course runs for 5 weeks in total and will be at the same time and venue each week. All course handouts, use of mats, oils and refreshments are included. Infant massage is great for bonding and attachment, relief of colic symptoms, good muscle tone, establishing a routine and general development. It's a great way to just take some time out with your baby and meet new mums in the area too. Ample parking is available and the room is in a beautiful building with comfy sofa's for your use should you prefer to feed or soothe your baby on there and you can still look on to the class. This is a very relaxed class and we welcome everyone to share this special experience. If you have any questions please do not hesitate to call or email and please remember to pre-book yourself prior to attending at <http://www.tinystrides.co.uk> Look forward to meeting you and your little one!



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