

# Free Funded Courses in Activity leadership Qualification



Location

South East, Surrey

<https://www.freeadsz.co.uk/x-394493-z>


Are you interested in starting a career in sports coaching? This practical course will introduce basic coaching principles delivered using a number of sports, including football cricket basketball netball etc. To prepare you for work in your specialist area. Our courses offer a practical, real-world approach to help you achieve your ambitions and reach your potential.

**HOW LONG IS THE COURSE AND WHEN WILL IT START** This is a one-year course

**WHAT ARE THE ENTRY REQUIREMENTS** You will need to have three GCSEs at Grade D or above including English and maths, or an equivalent Level 1 qualification. You will also need to have a keen interest in sports coaching and leadership and be able to provide a reference detailing your ability to be a good role model and sports leader.

**WHAT WILL I STUDY** Though your course will focus on one of the key sport areas including football, basketball, netball, volleyball and multi-skills, the coaching skills you develop are transferable across a range of other sports. Units you will study include:

- Planning and preparing a series of coaching sessions
- Maintaining an environment in which participants can improve their performance
- Coaching participants to improve their performance
- Evaluating coaching sessions and developing your personal coaching practice
- Dealing with accidents and emergencies
- Supporting the protection of children

**HOW WILL I BE TAUGHT AND ASSESSED** You'll be taught by our highly skilled team of Sports lecturers, through a mixture of practical sessions and theory work. Assessment will take place through a combination of practical observations and oral/written assessments. You will also compile a portfolio of evidence

**COURSE**



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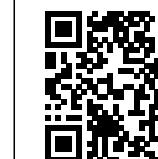
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