

Little Tiger Cubs (3 GBP)



Location

West Midlands, Worcestershire

<https://www.freeadsz.co.uk/x-405186-z>



Our Little Tiger Cubs programme has been specifically designed to cater for children 2 -4 years old. Its aim is to introduce basic martial arts skills through a mixture of simple games, fitness drills, and martial arts training. This training programme aims to assist in the physical development, improved health, and increased fitness of each child. The programme will encourage the development of motor skills, balance, endurance, flexibility, strength, and the coordination of eye, hand and foot. Through this development, each child should find greater self-confidence and self.



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