

# Holistic (Ayurvedic) Facial



Location

South West, Hampshire

<https://www.freeadsz.co.uk/x-406176-z>



Facial Massage is the manipulation of the soft tissues of the face, neck and upper chest. During the treatment the gentle massage relaxes and releases the tiny taut muscles of facial expression and nerve endings are soothed. Cellular activity will be boosted, as well as increasing circulation to bring fresh water, nutrients and oxygen to the tissues of the face, thus rejuvenating the skin. Following a full consultation and skin analysis, products will be selected from the ARTISTRY range, to suit your skin type. Your skin will be treated to a customised cleanse, tone, gentle exfoliation, steam, penetrating masque (a complimentary hand massage will be given whilst the masque works it's magic), nourishing eye cream and intense moisturise. This facial treatment uses a range of therapeutic techniques as well as premium skincare products to achieve fantastic results. As a result the complexion will look smoother, brighter and more relaxed. Layers of tension will be lifted away leaving you feeling incredibly relaxed. 1 Hour 15 minutes £45 To find out more, or to book, call Sandy: Tel: 07927 909782 07927 9097...(click to reveal full phone number)

Email: [click to contact](#)

Website: [athena-holistic-massage-therapies.co.uk](http://athena-holistic-massage-therapies.co.uk)

[www.facebook.com](http://www.facebook.com)



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