

ONLINE PERSONAL TRAINING

ONLINE FITNESS COACHING WITH BENSON JAMES

"Your results are a reflection of your lifestyle,
NOT just your workouts"

Benson James



BASIC ACCESS

- * 30 Day Training Plan
- * 30 Day Healthy Eating Plan
- * Private Facebook Group
- * Exclusive Mobile App Membership
- * Private Member Only Forums
- * Regular Informative Articles
- * FREE Monthly Ebooks

£40
Per Month

(Most Popular) RESULTS ACCESS

- * 30 Minute Initial Consultation
- * 30 Day Personalised Training Plan
- * Week 1 and Week 4 Assessments
- * 30 Day Personalised Eating Plan
- * Private Facebook Group
- * Exclusive Mobile App Membership
- * Private Member Only Forums
- * Regular Informative Articles
- * FREE Monthly Ebooks

£75
Per Month

V.I.P ACCESS

- * 30 Minute Initial Consultation
- * Weekly One to One Phone Review
- * Weekly Personalised Training Plans
- * Personalised Assessments
- * 24/7 support via What's App
- * 30 Day Personalised Eating Plan
- * Private Facebook Group
- * Exclusive Mobile App Membership
- * Private Member Only Forums
- * Regular Informative Articles
- * FREE Monthly Ebooks

£150
Per Month

Location

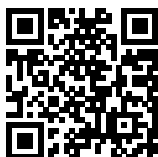
Wales, South Glamorgan

<https://www.freeadsz.co.uk/x-407432-z>



LOCATION DOES NOT MATTER. DESIRE TO SUCCEED DOES. GET RESULTS IN YOUR OWN TIME TO FIT YOUR SCHEDULE. SUPPORT FROM YOUR OWN COACH WITH OVER 20 YEARS

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