

ONLINE PERSONAL TRAINING

ONLINE FITNESS COACHING WITH BENSON JIMES



RESULTS ACCESS BASIC ACCESS

* 30 Minute Initial Consultation

* 30 Day Healthy Eating Plan * Private Facebook Group * Week 1 and Week 4 Assessments

* 30 Day Personalised Eating Plan

* Exclusive Mobile App Membership

* Private Member Only Forums

* Regular Informative Articles

* FREE Monthly Ebooks

£75

Moblie: 07903 195275 Email: Benson@Bensonjamesfitness.com Website: www.bensonjamesfitness.com

* 30 Day Training Plan

* Exclusive Mobile App Membership

* Private Member Only Forums

* Regular Informative Articles

* FREE Monthly Ebooks

(Most Popular) V.I.P ACCESS

* 30 Day Personalised Training Plan

* Private Facebook Group

* Regular Informative Articles * FREE Monthly Ebooks

£150

* 30 Minute Initial Consultation

* Weekly Personalised Training Plans

* 24/7 support via What's App

* 30 Day Personalised Eating Plan

* Private Facebook Group

Exclusive Mobile App Membership

* Private Member Only Forums

Wales, South Glamorgan Location https://www.freeadsz.co.uk/x-407432-z



LOCATION DOES NOT MATTER, DESIRE TO SUCCEED DOES, GET RESULTS IN YOUR OWN TIME TO FIT YOUR SCHEDULE. SUPPORT FROM YOUR OWN COACH WITH OVER 20 YEARS

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