




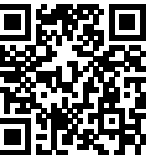
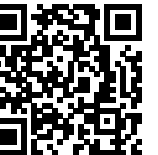




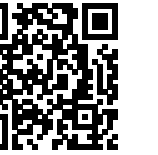
# AB Exerciser Trimmer Trainer (8 GBP)



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-408554-z>

Very good working order and easy to use.  
Highlights:  
-efficient training for the upper and lower abdominal muscles;  
-multiple grip options for different exercises;  
-the handles are padded with foam;  
-comfortable head rest;  
-easy.



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