

All types of cleaning.



Location **Wales, Gwent**
<https://www.freeadsz.co.uk/x-410479-z>



we are a small, friendly family run business we offer a wide range of personal service's...house keeping, cleaning, shopping, ironing, shopping in fact anything that may be in need of a helping hand this is service we offer to everyone the elderly, disabled, unable, able or with a busy work schedule 02922215091 029222150...(click to reveal full phone number) 07896521548 078965215...(click to reveal full phone number) You can find Maria's helping hands on facebook and



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