

ONLINE PERSONAL TRAINING



"Your results are a reflection of your lifestyle
NOT just your workouts"



BASIC ACCESS

- * 30 Day Training Plan
- * 30 Day Healthy Eating Plan
- * Private Facebook Group
- * Exclusive Mobile App Membership
- * Private Member Only Forums
- * Regular Informative Articles
- * FREE Monthly Ebooks

£40
Per Month

Moblie: 07903 195275
Email: Benson@Bensonjamesfitness.com
Website: www.bensonjamesfitness.com

(Most Popular) RESULTS ACCESS

- 1 Minute Initial Consultation
- Personalised Training Plan
- 1 and Week 4 Assessments
- Personalised Eating Plan
- Private Facebook Group
- Mobile App Membership
- Member Only Forums
- Regular Informative Articles

£75
Per Month

V.I.P ACCESS

- Minute Initial Consultation
- Only One to One Phone Review
- Only Personalised Training Plans
- Personalised Assessments
- 7 support via What's App
- Day Personalised Eating Plan
- Private Facebook Group
- Exclusive Mobile App Membership
- Private Member Only Forums
- Regular Informative Articles
- FREE Monthly Ebooks

£150
Per Month

Location

<https://www.freeadsz.co.uk/x-412488-z>

West Midlands, Warwickshire

LOCATION DOES NOT MATTER. DESIRE TO SUCCEED DOES. GET RESULTS IN YOUR OWN TIME
TO FIT YOUR SCHEDULE. SUPPORT FROM YOUR OWN COACH WITH OVER 20 YEARS



88-Z
<https://www.freeads24.co.uk/x-4124>
PERSONAL
TRAINING
ONLINE

A large QR code is positioned at the top of the page. To its right, the text 'PERSONAL', 'ONLINE', and 'TRAINING' is stacked vertically. Below the QR code, the URL 'https://www.freeadsdsz.co.uk/x-412488-Z' is displayed.



PERSONAL
TRAINING
ONLINE
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88-Z



ONLINE PERSONAL TRAINING

<https://www.freeads.co.uk/x-4124a88-z>

A large QR code is positioned on the left side of the page. To its right, the text '88-Z' is printed vertically. To the right of the QR code, the words 'PERSONAL', 'ONLINE', and 'TRAINING' are stacked vertically in a large, bold, black font.

A large QR code is positioned on the left side of the page. To its right, the word "TRAINING" is written vertically in a bold, black, sans-serif font. To the right of "TRAINING", the words "PERSONAL" and "ONLINE" are stacked vertically in a bold, black, sans-serif font. Below the QR code, the URL "https://www.freadsz.co.uk/x-4124a-88-z" is displayed in a smaller, black, sans-serif font.

A large QR code is positioned on the left side of the page. To its right, the word "PERSONAL" is written vertically in large, bold, black capital letters. Below "PERSONAL", the word "TRAINING" is also written vertically in large, bold, black capital letters. At the bottom of the page, the URL "https://www.freeads.co.uk/x-412488-z" is displayed in black text.

A QR code is positioned at the top of the page. Below it, the text 'PERSONAL TRAINING' is written vertically in large, bold, black capital letters. Underneath that, the website URL 'https://www.freeads2.co.uk/x-412488-z' is also written vertically in a smaller, black font.



88-Z

<https://www.freadadsz.co.uk/x-4124>

ONLINE PERSONAL TRAINING

A large QR code is positioned at the top left of the page. To its right, the word 'TRAINING' is written vertically in a large, bold, black font. Below 'TRAINING', the words 'ONLINE PERSONAL' are written in a smaller, bold, black font, also oriented vertically.