

Personal Trainer and Group Workouts Lewes.



Location

South East, East Sussex

<https://www.freeadsz.co.uk/x-413226-z>


Compass offers regular group workout classes in Lewes and across East Sussex, along with one-to-one personal training. Our classes and sessions are always varied and use a combination of training methods including HIIT workouts, gym based boxing conditions and much more! Group sessions start from £5 per session, 1-2-1 sessions from £15. First sessions are free of!

Personal Trainer and Group Workouts Lewes.

<https://www.freeadsz.co.uk/x-413226-z>



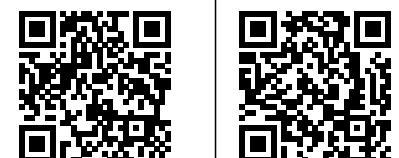
Personal Trainer and Group Workouts Lewes.

<https://www.freeadsz.co.uk/x-413226-z>



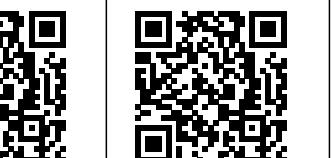
Personal Trainer and Group Workouts Lewes.

<https://www.freeadsz.co.uk/x-413226-z>



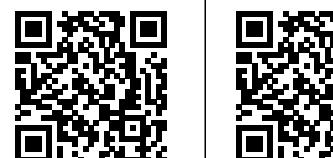
Personal Trainer and Group Workouts Lewes.

<https://www.freeadsz.co.uk/x-413226-z>



Personal Trainer and Group Workouts Lewes.

<https://www.freeadsz.co.uk/x-413226-z>



Personal Trainer and Group Workouts Lewes.

<https://www.freeadsz.co.uk/x-413226-z>



Personal Trainer and Group Workouts Lewes.

<https://www.freeadsz.co.uk/x-413226-z>



Personal Trainer and Group Workouts Lewes.

<https://www.freeadsz.co.uk/x-413226-z>



Personal Trainer and Group Workouts Lewes.

<https://www.freeadsz.co.uk/x-413226-z>

