

## Parallettes Calisthenics Crossfit Push Up Bars Gymnastics Bodyweight Yellow Fitnes



East Midlands, Nottinghamshire Location https://www.freeadsz.co.uk/x-417248-z

1 PAIR - YELLOW Powdercoated steel Parallettes, Rubberised feet, foam handles.

Ideal for: Crossfit Calisthenics

Street Training

**Body Weight Exercises** 

**Gymnastics** 

Dimensions: 62cm W x 95cm H x 42cm D cm

**Heavy Duty Construction** Double Allen Bolt fixings 45mm Diameter Handles 28 Stone Max User Weight

Parallettes are essential for building huge pressing strength using a vast variety of excersises Push Ups, including one handed push ups, Hand Stand push ups, Dips, Tricep extentions, L Sits, Planche, V Sits Hardly used, selling as I am moving abroad! Please message me with any questions or interest. £60, may consider offers. Thanks





Calisthenics

https://www.freeadsz.co.uk/x-4172 48-z **Gymnastics** Crossfit Bodyweight



https://www.freeadsz.co.uk/x-4172 48-z Yellow **Gymnastics** Crossfit Fitness Calisthenics Bodyweight

Bars



https://www.freeadsz.co.uk/x-4172 48-z Gymnastics Crossfit Calisthenics Bodyweight

Bars

Yellow https://www.freeadsz.co.uk/x-4172 **Gymnastics** Crossfit Calisthenics Bodyweight



**Gymnastics** Crossfit

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Up Bars Bodyweight



Crossfit https://www.freeadsz.co.uk/x-4172 48-z

Calisthenics

Bodyweight

https://www.freeadsz.co.uk/x-4172 Bodyweight

Bars

Calisthenics

