

Parallettes Calisthenics Crossfit Push Up Bars Gymnastics Bodyweight Yellow Fitnes



East Midlands, Nottinghamshire Location https://www.freeadsz.co.uk/x-417248-z

1 PAIR - YELLOW Powdercoated steel Parallettes, Rubberised feet, foam handles.

Ideal for: Crossfit Calisthenics Street Training

Body Weight Exercises

Gymnastics

Dimensions: 62cm W x 95cm H x 42cm D cm

Heavy Duty Construction Double Allen Bolt fixings 45mm Diameter Handles 28 Stone Max User Weight

Parallettes are essential for building huge pressing strength using a vast variety of excersises Push Ups, including one handed push ups, Hand Stand push ups, Dips, Tricep extentions, L Sits, Planche, V Sits Hardly used, selling as I am moving abroad! Please message me with any questions or interest. £60, may consider offers. Thanks



Calisthenics

Gymnastics Crossfit

https://www.freeadsz.co.uk/x-4172 48-z Bodyweight



Yellow **Gymnastics** Crossfit Fitness Calisthenics Bodyweight

Bars

https://www.freeadsz.co.uk/x-4172 48-z Crossfit Gymnastics Calisthenics Bodyweight Bars



Yellow https://www.freeadsz.co.uk/x-4172 **Gymnastics**

Calisthenics Bodyweight



https://www.freeadsz.co.uk/x-4172 **Gymnastics** Crossfit

Calisthenics
Up Bars Bodyweight

Crossfit https://www.freeadsz.co.uk/x-4172 48-z Calisthenics Bodyweight

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Bodyweight

Calisthenics

Bars

