

Parallettes Calisthenics Crossfit Push Up Bars Gymnastics Bodyweight Yellow Fitnes



East Midlands, Nottinghamshire Location https://www.freeadsz.co.uk/x-417248-z

1 PAIR - YELLOW Powdercoated steel Parallettes, Rubberised feet, foam handles.

Ideal for: Crossfit Calisthenics Street Training **Body Weight Exercises**

Gymnastics

Dimensions: 62cm W x 95cm H x 42cm D cm

Heavy Duty Construction Double Allen Bolt fixings 45mm Diameter Handles 28 Stone Max User Weight

Parallettes are essential for building huge pressing strength using a vast variety of excersises Push Ups, including one handed push ups, Hand Stand push ups, Dips, Tricep extentions, L Sits, Planche, V Sits Hardly used, selling as I am moving abroad! Please message me with any questions or interest. £60, may consider offers. Thanks



Calisthenics



Gymnastics Crossfit Bodyweigh:

https://www.freeadsz.co.uk/x-4172 48-z



https://www.freeadsz.co.uk/x-4172 48-z Yellow Crossfit Fitness Calisthenics Bodyweight Bars



https://www.freeadsz.co.uk/x-4172 48-z Gymnastics Crossfit Calisthenics Bodyweight



Yellow https://www.freeadsz.co.uk/x-4172 Calisthenics Bodyweight

https://www.freeadsz.co.uk/x-4172 Bodyweight Crossfit

Calisthenics
Up Bars



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Calisthenics

Bars

