

Goshin Ryu Atemi JuJitsu Club. (5.50 GBP)

Location **South East, East Sussex**
<https://www.freedasz.co.uk/x-424381-z>



We will teach you a complete self defence system, comprising of strikes, locks, throws, groundwork and weapons techniques. All in one session! There is no sports application, we concentrate on teaching proper combat JuJitsu & purely what works and has been proven to be effective, as taught to members of the Elite British Special Forces, SBS & Royal Marines and other security agencies around the world. Good enough for them, then it should be good enough for you? Non members and beginners welcome. New students are always welcome and we are happy to honour the belt of any existing or former Traditional JuJitsu trained student providing proof of grade. Kids classes from 14yrs, Adults 16 upwards. Children under 14 with a mature disposition can train at instructors discretion. For more information about any of our clubs, or if you are a prospective new student looking for some more information, please e-mail Shihan Sensei G. Harris click to contact .com or www.atemijujiitsu.com

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