

Women039s Wellness Support. Relationships, Depression, Anxiety, Parenting, PTSD.



Location

South East, West Sussex

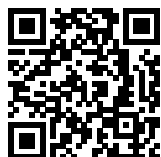
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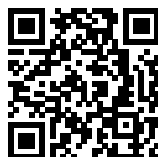
Counselling Psychologist offering support for women and families. Anger management, bullying, depression, anxiety, addictions, PTSD, parenting, relationships and more. Offering private health care and non-private health care. I help women get through the tough times and achieve their full potential. I am a trained psychologist who has been practicing for over 10 years. I have worked with many types of mental health issues. I am a single parent of three children and know how tough it is when you do things on your own. I give great support and empathy for the women in the Brighton-Hove community as well as globally on an online counselling platform. I have also been in several national magazines such as Pride, Cosmopolitan and Sun Newspaper. I work with same sex relationships, men and women; however, given my role as a Counselling Psychologist in Brighton-Hove I want to focus on.



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