

# **martial arts beginners class at chester le street first 2 lessons free**



Location

**North, Tyne And Wear**<https://www.freeadsz.co.uk/x-425728-z>

Martial arts for fitness health & self defense aikido controls throws strikes and sword and stick arts Can be practiced without high or hard break falls doesn't include high kicks Chester le street community centre dh33ts Tuesday 730 pm-9pm 11 years +dh3



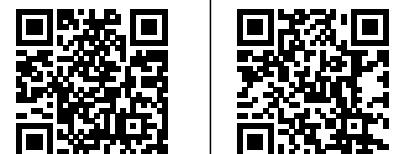
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