

Kettlebell Classes (5 GBP)





Location **South East, East Sussex** https://www.freeadsz.co.uk/x-426080-z



Burn fat fast, tone and sculpt your body with this new Kettle Core class. Burn up to 1000 calories per class! Thursdays 7.30 - 8.15pm at Five Ashes Village Hall £5 Any questions please feel free to ask. Contact Kirsty click to contact / 07808856774 078088567...(click to reveal full phone)

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