

Northamptonshire Life Coach



Location

East Midlands, Northamptonshire

<https://www.freeadsz.co.uk/x-426949-z>



...It is said, that the best answers are the ones that come from within...so we will not tell you what you should do...but we will help you explore your options to find the answer that is right for you...

Northamptonshire Life Coach was established to fill the void in-between Counselling and Life Coaching. Northamptonshire Life Coach is the concept of a small number of like minded professionals from a wide range of different sectors, all of which have a counselling background. Our aim is to integrate the professional boundaries, best practice and ethical framework of counselling and incorporate them into the work and practice of life coaching. The reasons that someone may seek to work with a life coach are as varied as we are all individuals, but some common areas are listed below; Emotional Support - Health - Inner Peace - Positivity vs Negativity - Happiness - Personal Growth - Self Esteem & Confidence - Anger Management - Sexual Orientation - Redundancy - Work Life Balance - The Glass Ceiling - Tribunals & Grievances - Relationships - Bereavement - Divorce - Communication - Sexual - Financial - Trustâ€ Issues - Domestic Violence - Harassment - Discrimination - Bullying - Unemployment - Mid Life Crisis We offer a free thirty minute consultation for you to decide if a life coach may be beneficial to.



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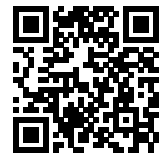
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